

Play Groups

- **Cafetots**
Holy Trinity Church Hall, High Street,
Tuesdays 10 - 11.30 am.
Contact: Fiona Brown 07930372036.
- **Hokey Cokey Toddler Group**
Kingswood Community Centre, High Street.
Thursdays 9.45 - 11.15 am.
Contact: 0117 9870486.
- **Humpty Dumpty Baby and Toddler Group**
Cock Rd Methodist Church, Kingswood.
Mondays 9.30 -11.15am.
Contact: Helen 07803286675
- **The Park Centre**
High St, Kingswood
- Parent & Toddler Group
Mondays 9.30 -11.30am.
- Doodle Tot's
Pre-school arts and craft group.
Starts Thursday 7th Jan, 1- 2pm.
Contact: 01454 862190
- **Southey Pre-School Playgroup**
New Cheltenham Hall, New Cheltenham Rd
Contact: 0117 967 3570
- **Little Fishes Parent Toddler Group**
Kingswood Congregational Church, Hanham Rd
Wednesdays 9.30 -11 am.
Contact: 0117 9677910
- **Lees Hill Pre-School Playgroup**
Lees Hill, Kingswood,
Contact: 0117 9604285
- **Hop Skip and Jump**
Grimsbury Rd, Kingswood
Groups and support for parents of children
with special needs
Mondays to Fridays
Contact: 01179 677282

Out of School and Leisure Activities

- **Crafty Co Children's Club**
Kingswood Congregational Church,
Hanham Rd. Group for school age art +
craft loving kids. Wednesdays 6 - 7pm.
Contact Kim Fenton: 0117 9327403
- **Grimsbury Community Farm**
Grimsbury Road, Kingswood
Animals, café and various events
Contact: 0117 9605140.
- **Kingswood Leisure Centre**
Church Road, Staple Hill,
Various leisure activities through
term and non- term time.
Contact: 0300 333 0300.
- **The Park Centre**
High Street, Kingswood
Children's Party Room Hire.
£70 for 2 hours.
Special offer - free bouncy castle!
Contact: 01454 862190
- **Kingswood Library**
High St, Kingswood
Various activities during term time and
holidays.
Contact: 01454 868 006

Community Ignite is a registered charity,
no 1000178. If you would like to get in
touch please call **01179 604186** or visit
our website: www.communityignite.org.uk

Connecting Kingswood

List of activities, services and events in Kingswood for families



*By the end of the course my self-esteem has improved, am
more open and have more fun with my children.”
A parent on Community Ignite's Families United course.*

Coordinated by Community Ignite. We are a
charity that supports and develops the local
community in the south of South
Gloucestershire.



www.communityignite.org.uk

Community Ignite

Tower Road North, Warmley, BS30 8XU
Web: www.communityignite.org.uk
Email: info@communityignite.org.uk
Tel: 01179 604186



*Parents and tutors on Community Ignites
Cooking for Families Course*

- **Cooking for Families:** Learn cooking skills and find out about healthy eating on this free cooking course. A crèche for under 5's is provided. Next course begins January 2016.
- **Families United:** This free parenting course helps parents to better manage challenging behavior from their children. Improve your confidence and learn about boundary setting. Next course begins January 2016.
- **World United:** Weekly drop-in for families and individuals who have English as an additional language. Come along to meet new people, make friends and find out what's happening in and around Kingswood. Thursdays, Kingswood Library, 9.30am – 11am.
- **Families Connect:** This brand new free parenting course is aimed at young Mums in Kingswood. The course offers practical parenting advice as well as the opportunity to develop new peer-support networks.

Kingsmeadow Community Flat

19 Barrington Close, Kingswood, BS15 4QD
Web: www.kingsmeadowflat.org.uk
Email: kingsmeadowcommunityflat@gmail.com
Tel: 0117 9048 425



Kingsmeadow Community Flat

- **After school homework club:** Free and fun learning group for local children in primary school aged 8-11. Mondays 4:00 pm – 5:15 pm.
- **Buggy Walks:** Come along to these free buggy walks. It's a great way to meet other parents, have a chat and get some well-deserved exercise. 2nd Wed's of the month, walk starts 10am at Kingsmeadow Flat.
- **On Yer Bike!** Hire a bike from Kingsmeadow Flat free of charge. ID plus utility bill required.
- **Toddler Group:** Come and join us for a cuppa and a chat, there's lots for your children to do: messy play, cooking, story time, arts and crafts, etc. Wednesdays 10:00 – 11:15am.
- **Dreamscheme:** Free, fun, out of school activities group. Dreamscheme runs in all the school holidays and is for children aged 8-16 years unaccompanied or under 8 with a parent.



*Children play at Kingsmeadow Community
Flats Toddler Group*

Kingswood Children's Centre

Hollow Rd, Kingswood, Bristol, BS15 9TP
Web: www.southglos.gov.uk/ccentres/kingswood-childrens-centre/
Tel: 01454 864144



- **Family Time:** Group for children over 1 year olds, 1.30pm – 3.00pm. Mondays
- **Talk Time:** An Opportunity for parents and children to spend time in a language rich setting. 1.30pm – 3.00pm. Tuesdays
- **Dads Group:** Come along to a fun play session. 16.00 – 18:00, Wednesdays.
- **Antenatal Group:** 7.00pm – 8.30pm, last Thursday of each month.
- **Baby Play:** for babies under 12 months. 9.30am - 11.00am, Fridays.

Bourne Family Project

Waters Road, Kingswood, BS15 8BE
Web: bournefamilyproject.org
Email: bfp@bournechristiancentre.org
Tel: 0117 9478441



- **Play Therapy:** Play Therapy can benefit many children for example those with low self-esteem, high anxiety, attachment disorder, speech, language and development delays, amongst others. Contact for more information and how to book.
- **Parenting Support:** This parenting course covers topics such as parenting styles, managing stress, behavior strategies and communication. Crèche often provided.